

01 metamorphosis paradox part 1 • **02** interlude - meditation paradox part 1
03 metamorphosis paradox part 2 • **04** interlude - meditation paradox part 2
05 metamorphosis paradox part 3 • **06** cyber chaotic zen paradox



studio guest list:

tiago morgado (project conception, idealization, recording of some parts, composition of the non-improvised parts, mixing, mastering, alto viola);
kenji siratori (texts and speech on track 06);
franz kafka (texts on tracks 01, 03 % 05);
joao tavares (ultra processed electric guitar); **nuno reis** (trumpet);
joao martins (saxophone); **henrique fernandes** (double bass)
and **gustavo costa** (percussion).

myspace.com/unclebartcomestohavebreakfast.
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